

LOS ANGELES COUNTY SUBSTANCE USE TREATMENT SERVICES

Free for Medi-Cal, My Health LA, and Other County-Funded Eligible Youth and Adults

HOW DO INDIVIDUALS FIND SERVICES?

There are several ways to get started with substance use treatment:

- ✓ Call the toll-free Substance Abuse Service Helpline (SASH) at **1-844-804-7500**. A call agent who can conduct a brief screening and referral can be reached 24-hours per day and 7 days per week. Translation services are available.
- ✓ Visit the online directory to find providers near a preferred location such as work, home or, school. This tool is available at <http://sapccis.ph.lacounty.gov/sbat/>.

With either option, a provider can be selected that meets language, cultural, service, or location needs. An intake appointment should be scheduled no later than 10 calendar days from the screening or referral.

WHO IS ELIGIBLE?

Youth and adults can access no-cost substance use treatment services at any network provider if these criteria are met:

Fees cannot be charged for services if medical necessity is met (assessed to need treatment)

No one can be turned away or asked to pay if eligible for Medi-Cal or My Health LA even if the application is incomplete or in-process

- ✓ **Medi-Cal Eligible** (active benefits are not required at time of screening, referral, or intake) OR
- ✓ **My Health LA Eligible** (active participation is not required at time of screening, referral, or intake) OR
- ✓ **Other County Funded Program Participant** (such as AB 109) AND
- ✓ **Los Angeles County Resident**

WHAT SERVICES ARE AVAILABLE?

- ✓ Brief Outpatient for At-Risk Youth and Young Adults
- ✓ Outpatient Treatment
- ✓ Intensive Outpatient Treatment
- ✓ Short-Term Residential Treatment
- ✓ Withdrawal Management (formerly Detox)
- ✓ Medication-Assisted Treatment/Opioid Treatment Program
- ✓ Recovery Support Services
- ✓ Recovery Bridge Housing – Time Limited

WHAT IS MEDICAL NECESSITY?

To receive these services, individuals need to be assessed with a substance use disorder (SUD) diagnosis by a qualified clinician or counselor, and need to receive services that meet, but do not exceed, their level of need. Youth and young adults (age 12-20) can be served if at-risk for developing a SUD.

